

February 2024

A MESSAGE FROM BCCWC PRESIDENT



February is Women's Heart Health Month which makes me think of all the heart-warming things our members do for others. My question is, do you do enough for yourself? Selfcare is something that many of us didn't think much about as we raised families, pursued a career and cared for grandchildren and elderly parents.

There's no time like the present to check on our own health and schedule something fun, such as a feel-good book or movie, a bit of retail therapy, or a lunch or dinner date that includes a glass of red wine or a piece of dark chocolate. (Both have properties that are heart friendly.) Take time to relax and stay warm as we enjoy (or endure) the shortest month of the year.



Sue Sinclair, President



MEMBERSHIP

BCCWC membership is at 260. Please welcome 4 new members who joined in January: Mary Erickson, Nancy Nusbaum, Mary Schuster and Mary Nickel

BCCWC is accepting membership applications for the fiscal year 2024-2025. Any new member applications or renewals received after January 1 will be applied to that year.

Those interested in joining or renewing will find the form on the home page of our website by mid-February.

Dianne Froelich (621-3357) joedianne3261@new.rr.com, Mary M. Schroeder (676-1500) schroedermary949@gmail.com, Cindy Dimmer (639-3843) cindydimmer4@gmail.com, Membership Co-Directors

MEETINGS REMINDER

Two guests and 85 members attended the January general meeting at the De Pere Community Center. Jessica DeGrave from Newcap gave an informative presentation about the organization. Newcap helps provide multiple avenues of support to individuals and families who struggle with poverty and homelessness.

Next meeting: February 21 at the De Pere Community Center, 600 Grant St., De Pere.

Social - 12 Noon Program - 1PM

Meeting - 1:45PM

Program: A presentation by Rhonda Chandler, founder of the non-profit organization, Lovin' The Skin I'm In. This organization works to empower and uplift young women of color. Rhonda's organization was the recipient of one of our community awards.



Carol Mau (227-3542) <u>zinniea60@gmail.com</u>, Susan Byrne (708-860-8878) <u>susan.byrne@cbexchange.com</u>, Sue Vyse (562-3273) <u>smvyse@gmail.com</u>, Program/Social Co-Directors

COMMUNITY SERVICE

FOOD PANTRY COLLECTION

A huge "Thank You" to everyone who donated to the Hope Center Pantry. On a very cold January 17, monetary donations and over 40 grocery bags of food and hygiene items were collected. Members also donated 14 "birthday bags", allowing parents to treat their children with a cake and a small gift. Pantry volunteers were overwhelmed with your generosity.



Lois Mauermann (360-2286) <u>Lmauermann@new.rr.com</u>, Terri Lewis (660-9895) <u>ptlfam@new.rr.com</u>, Co-Chairs

ST. JOHN'S MINISTRIES - HOMELESS SHELTER MEALS



BCCWC members will be serving a meal on Thursday, February 1, at both the Men's Shelter on St. John's Street and the Women's Shelter at 700 E. Walnut St. Our very generous club members have again come through by signing up to provide food for the continued, unprecedented high numbers of homeless people. We now have enough food for this meal. We feed not only the expected 170 homeless people, but also the small staff at each shelter. Even though the temperature should be warmer on February 1, we still must be prepared for

the number they expect. The guests continue to be so grateful to our kind and generous members who prepare such delicious food for each meal.

Food should be delivered to the shelters between 5-5:30PM. If you are dropping off food at the Women's Shelter, please knock on the door if no one comes when you call the 857-9587 number. That number (which the shelter requests we use) goes to a staff cell phone and lately, they have not always been able to get to the door for you. Contact us any time if you have any questions.

Mary Kay Paulson (301-221-6327 cell or 632-7473) mkpaulson@aol.com, Jan Clark (265-5744 cell) janetclark71@yahoo.com, Co-Chairs

ST. JOHN'S MINISTRIES – WELLSPRING

Our last Wellspring collection will be March 20 from 10:30AM-12:30PM in the parking lot before our meeting at the De Pere Community Center. The Wellspring guests need the following items as they prepare for the spring/summer months:

Rain ponchos, umbrellas - Sunscreen, bug spray, Chapstick, foot powder, aloe vera Tank tops, shorts (size Small-2XL) - Flip flops, tennis shoes (size 6-11)

The Wellspring/Women's Shelter ladies and staff are always appreciative of the items contributed by our kind, generous members.

Kathy DeBroux (660-7921) kmdebroux@gmail.com, Susan Regnier (499-8897) skr1176@hotmail.com, Co-Chairs

ONE STITCH AT A TIME



Happy winter! As the wind blows and the snow piles up, remember our less fortunate friends. Both House of Hope and Wellspring need *twin-size blankets*. If you knit, crochet, sew or shop the sales, please keep our friends in mind. Collection will be at our May 15 Spring Luncheon meeting. Your contributions are greatly appreciated. Thank you for your generosity. Questions? Contact:

Pat Hearden (432-5871 or 217-3824) phearden@aol.com, Jean Allgeyer (639-2980) <a href="mailto:jm

CHEERY NOTES TO SENIORS



Emerald Bay Retirement Community in Hobart received 76 cheery notes and 7 birthday cards to distribute to their residents shortly after the January BCCWC membership meeting. Since this project began in February 2021, the BCCWC membership has put a smile on the faces of 2,044 nursing home residents! Completed cards for distribution in March and April will be collected at the February 21 membership meeting. We plan to distribute our February cards early in the month so that the cards may be enjoyed for Valentine's Day.

Use your own cards or pick up blank cards from one of the chairs. "Six packs" will be available at the February meeting for distribution to nursing home residents in 2024.

Questions? Contact:

Kathy Heyroth (222-0161) oheyrothkathy@gmail.com, Rosie Jonas (336-7057) rjonas@new.rr.com, Jeanette Krysiak (655-6928) jeanettekrysiak@yahoo.com, Co-Chairs

BUILDING QUILTS FOR HABITAT FOR HUMANITY



Interested? Contact:

Mary Schrickel (609-4651) <u>mary habitat@hotmail.com</u>, Gina Reinardy (664-6501) <u>ginareinardy@gmail.com</u>, Co-Chairs

HSHS ST. VINCENT CHILDREN'S HOSPITAL - CHILD LIFE DEPARTMENT

The Fleece Blanket Tying project will be held on Monday, February 19, from 9AM-3PM at the Bellevue Community Center, 1811 Allouez Ave. Come anytime during these hours and stay as long as you like. The fleece for the project will be provided, but you are welcome to bring fleece blanket kits. If you have scissors, rulers, cutters or cutting mats, please bring them. No experience is necessary; knowing how to tie a knot is all that you'll need.

"Thank you" to all that continue to bring stuffed animals and colorful latex free character band aids for the children. There is a great and ongoing need for these items. Each child/teen receives a stuffed animal and a blanket on their bed upon admittance to the hospital to lessen anxiety and bring a little comfort.

Sue Vyse (562-3273) smvyse@gmail.com, Kathy Aicher (265-5094) kaicher@new.rr.com, Co-Chairs February, 2024, p. 3

HOUSE OF HOPE



This month, our wonderful BCCWC volunteers were not deterred by freezing temperatures, snow and slippery conditions! House of Hope residents (35 in total) enjoyed cake and ice cream at the monthly Birthday Celebration. (There were no birthdays this month but the treat was still welcomed and enjoyed!) Thanks for your time and dedication to this worthy cause!

On Wednesday, February 21, there will be a special collection for HOH from 10:30AM-12:45PM at our monthly meeting at the De Pere Community Center on Grant St. The following items have been requested: *laundry soap, dish soap, hand soap, large diapers (size 6-7) and twin-size bedding.* Our car trunks will be "open" and ready for your generous donations for homeless moms and their children! Thank you for your kindness.

Kay Barlament (660-7368) kay.barlament@gmail.com, Mary Anne Froelich (639-4847) maryannefroelich@gmail.com, Co-Chairs

FORT HOWARD SENIOR LUNCHEONS - Awesome April Buffet and Bingo

Please join us or donate to the annual Fort Howard Apartments Buffet and BINGO!



The annual spring luncheon buffet and bingo for seniors residing at Fort Howard Apartments will be held on Thursday, April 11, in Fort Howard Apartments community room, 141 N. Chestnut Ave., Green Bay. BCCWC members will set up the buffet at 11AM and serve/assist seniors at 12Noon. Following the meal, 2 BCCWC members are needed to call bingo from 12:45-1:30PM. Please share a dish and some of your time and laughter with these very grateful seniors. Sign up at the February 21 and March 20 meetings. Please consider dropping off a dish, helping set up, serving, or playing bingo. Volunteers

need not stay for the whole event. "If everyone does a little..."

The committee is also requesting small prizes for bingo. Suggested prizes include nutritious items, which supplement their diet, and useful comfort items:

- Crackers, powdered creamer
- Cereals, single serving granola bars (boxed), instant packs of soups, microwaveable popcorn, other spacks
- Gift certificates to nearby places: Blackstone Restaurant, Family Dollar, Glass Nickel Pizza, McDonald's, Subway, White Dog/Black Cat, General Dollar, Save A-Lot

Other desired items:

- Postage stamps
- Wheelchair cushions and shoulder wraps
- New, lap-size blankets
- Books especially large print
- Puzzles (puzzle books and jigsaw 500 pieces)
- Kitchen towels and kitchen scrubbers
- Cleaning products (dishwasher liquid, glass cleaner, etc.)
- o Folding, durable umbrellas
- o Coffee, Tea

Based on safety, need and small living spaces, certain items are NOT recommended: candles, knick-knacks, lotions, shampoos, perfumes, makeup, large calendars. Prizes may be brought on the day of the event or given to the chairs at the February and March general meetings. Questions? Contact:

Sherry Campbell (680-0778) sherrysuej@new.rr.com, Barb Berg (655-8590), Co-Chairs

LOVABLE MISFITS



Thank you to those who dropped off Misfits or blankets and those who keep sewing away and have them for the next meeting. The FLEECE that people find for a good price and the FLANNEL for the backing is also appreciated. If you would like to purchase fun fleece prints or buy a bag of stuffing, that would be great. Your participation is so appreciated.

Mary Anne Froelich (639-4847) maryannefroelich@gmail.com, Chair

FUNDRAISING

The 50/50 Raffle and Seroogy's candy bars will be available at the February 21 general meeting. The book exchange will take place in February, March and April.

The Happy Hookers are back with their donations. They have been hooking their hearts out with new items as well as your favorites. Carol Jensen, Marianne Olsen, Barb Zich and Carol Anderson will have their projects on display at the March 20 meeting. *Make a donation and take home some handmade treasures*.

For the May meeting, we will have a homemade quilt with matching pillow shams.

Sue Protzman (217-3014) protz511@new.rr.com, Sue Burich (865-7731) suebee1881@gmail.com,

Darlene Rohm (303-870-6400) darlenehh@yahoo.com, Fundraising Co-Directors

BOOK EXCHANGE



BCCWC members really enjoyed exchanging books and puzzles at the January meeting. They kept coming back to the table looking for more selections. Check your bookshelves and closets for more books and puzzles to share. Let's fill that table with great books and puzzles to help make the winter pass faster and be more interesting.

Leah Dumke (499-2308) leahdumke@gmail.com, Chair

GOLF OUTING



It's not too early to "Think Spring". Plans are underway for the GOLF OUTING Monday, June 10, at Mid Vallee Golf Course. It will be a scramble format with a 9AM shotgun start. This fundraiser is for golfers and game players. We need everyone's help to make this a successful event!

We're still looking for a third co-chair. Did you help last year? We're counting on you again. Ways to help: we need items to fill our raffle baskets and merchant gift card donations for the Birdie Board (min \$25 please). You can also recommend a business

partner to sponsor a hole or donate goods. We will even reach out to them. Save the date, plan your foursomes or volunteer to help. We'd love to hear from you. Registration coming in April. "When everyone does a little, no one has to do a lot."

Beth Propp (737-1015) <u>beth.propp@gmail.com</u>, Meg Deem (288-9922) <u>mmdeem0135@gmail.com</u> Co-Chairs



BRIDGE MARATHONS

Our 11 bridge marathon groups are important fundraisers for the BCCWC! It is time to sign up for the 2024-25 bridge season so that we can organize our groups, get printable schedules in place, and secure appropriate venues!! The new registration form is posted on the BCCWC

website under Fundraising. **Deadline for registration is March 1.** If you are new to the club and not in any of our marathons, or if you just have an interest in either playing on a regular basis, being on any sub list, want to be added to another group or want to get involved in these groups now, please contact Carol Simpson for more information: simpsoncj4310@gmail.com

SAVE THE DATE: Wednesday, May 8, 2024 -- Annual BCCWC Bridge Banquet to be held at St. Brendan's Inn in downtown Green Bay.

Thanks to everyone for your continued support of these wonderful BCCWC bridge groups. Not only are they an important fundraiser for the club, they also offer a great opportunity for fellowship and fun!

Carol Simpson (983-9550) simpsoncj4310@gmail.com, Gloria Jonet (336-9456) gloriajonet@yahoo.com, Judy Niesing (217-3907) jrnies96@aol.com, Co-Chairs



SPRING CARD & GAME DAY FUNDRAISER

"Spring is in the Air" for the annual Spring Card & Game Day Fundraiser. As always, there will be gorgeous raffle baskets, a money tree, the "Sip and Surprise" and, of course, the 50/50 raffle.

- When: April 24, 10AM-4PM.
- Where? Riverside Ballroom (Once again, the menu includes their famous Knee Caps!)
- What games can you play? Bridge, Mah Jongg, Dominoes, Horse Collar whatever you want.
- ➤ How do I sign up? Find the registration form at this link and send it in.

https://www.bccwc.org/app/download/769576436/Spring+Cd++Gm+Flyer 2024.pdf

In addition to the fun and games, the famous YUM-YUM SHOPPE will be a big part of the Card & Game Day. Please volunteer to bring your special baked treats to donate to the Yum-Yum Shoppe. There will be a sign-up sheet at the February, March and April general meetings. Donated baked goods help to raise lots of money to give back to charitable causes. Look for Jacquie Murphy and Pam Girtz at the meetings; they will explain how to package your goods.

Be sure to spread the word among your friends. It's a big event and it will be here before you know it.

Sue Protzman (217-3014) protz511@new.rr.com,

Sue Burich (865-7731) sburich@baymotelgreenbay.com,

Teddy Spiegelberg (497-1683 or 217-2555) teddysp@aol.com, Co-Chairs

FELLOWSHIP

Another month is gone, but there are many activities to get us through the shortest month of the year. Take a look and consider participating. Please use the directory for related phone numbers and emails.

Coming Up

• Movie Night at De Pere Cinema is March 5 @ 5:30PM. The movie, Ordinary Angels, based on a true story starring Hilary Swank, starts at 6:30PM. For \$8 you will see the movie, enjoy popcorn & 2 slices of pizza and a soda. (Wine or beer is available on a cash basis.) Check YouTube for a movie trailer. Contact Ann Hare by March 2. So far, only 2 have signed up. We need 6 participants.

- **Fellowship Fundraiser:** Mary Jo Piskor is once again donating the proceeds from a **cookie decoration class** in her home on **February 12**, 9-11AM. The cost is \$20. Only 3 openings remain. Mail your check, payable to BCCWC, to Mary Jo Piskor, 731 Savoie Ct., GB 54301 by **February 5**.
- **Shop til You Drop!** February 27, 4-6PM @ **Taylor Creek.** Check out the spring line of clothing and items for entertaining! Let's plan on dinner at **1951** afterward. *Sign up by February 21 with Patty Payette*.

"Dinner Dames Supper Club"

It's always a nice time trying a new restaurant and meeting new friends. Please join us!

"Dinner Dames" Last Thursday of the month, 5PM

Date (Last Thursday of Month)	Restaurant	Contact(s)
Feb. 29 (reservations due by Feb. 25)	Prime Quarter	Kathy Eisenschink (9 registered)
Mar. 28 (reservations due by Mar. 24)	Cedar & Sage	Darlene Rohm (19 registered)
Apr. 25 (reservations due by Apr. 21)	St. Brendan's Inn	C. DeGrand, K. Aicher
May 30 (reservations due by May 26) **	The Drift Inn	E. Gerhold, L. Aschenbrenner
** we will plan next year's calendar at this	meeting	-

"Lunch Bunch Ladies"



Lunch Bunch at Parker John's – January 2024

First Thursday of the month, 11:30AM

Date (First Thursday of Month)	Restaurant/Location	Contact
Feb. 1 (reservations due by Jan. 29)	Mandarin Gardens	Barb LaFrombois (7 registered)
Mar. 7 (reservations due by Mar. 4)	Chive's	Beth Propp (14 registered) Max: 20
Apr. 4 (reservations due by Apr. 1)	Greystone	Jacquie Murphy
May 2 (reservations due by April 29)	bleu	Mary Jo Piskor
June 6 (reservations due by June 3)	Narrow Bridge	Lynn Arnesen
Aug. 1 (reservations due by July 29)	The Drift Inn	Elaine Gerhold

Stay tuned! More Events!

Sign-up sheets will be available at the monthly meetings

Mosaic Art Glass Class. March 13. <u>12Noon</u>. \$50. Contact Lynn Arnesen. There are 14 spots for this
creative event. No experience necessary. Just follow a pattern after enjoying a light supper and
beverages.

- **Help with Planning a Funeral.** April 9, **9AM** @ the **Village Grille**. Dan Malcore, the presenter, will talk about funeral planning in general, including cremation, the cost of renting a casket and other decisions that go into planning a loved one's funeral. There will be a Q & A session. Contact Joan Zittlow.
- **Bingo** on April 19, Oneida Bingo Hall, 10AM, \$19. Contact Lynn Arnesen. We had 3 winners at our tables in January! It lasts about 2 hours.
- Cooking Class at Season to Taste. April 22, \$25. Theme: Sheet-Pan Dinners Five have signed up.
 Maximum of 15. Contact Lynn Arnesen. Checks, payable to Season to Taste, due to Lynn by April 15.
- Lunch & Learn at Zimbaldi's Brewery & Gallagher's Pizza. May 31, 11AM. Contact Sue Sinclair.

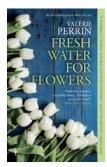
Standing Activities:

- **BCCWC Bunco** is coordinated by Carey Lheureux. If you are interested in being a sub, let Carey know. No experience necessary. Second Thursday of the month. 11AM at Village Grille. \$5 plus meal.
- Mah Jongg is played on Wednesdays. Linda Aschenbrenner is the new contact person.
- The **Book Club** is led by Meg Deem. See below for member-picked selections.

Lynn Arnesen (201-739-3941) lynn.arnesen@aol.com, Joan Zittlow (857-7749) joanzittlow@gmail.com, Mary Jo Piskor (217-4343) savoie731@aol.com, Fellowship Co-Directors

BOOK CLUB

February is the time of the year for book lovers to come together to share their joy in a good story! Join us for our next meeting on February 5 at 1PM at the Kress Branch – De Pere Library. We will be discussing Fresh Water for Flowers by Valerie Perrin. This is an intimately-told story about a woman who defiantly believes in happiness, despite it all.



Book Summary:

Violette Toussaint is the caretaker at a cemetery in a small town in Bourgogne. Her life is lived to the predictable rhythms of the often funny, always moving confidences that casual mourners, regular visitors and sundry colleagues share with her. Violette's routine is disrupted one day by the arrival of Julien Sole—local police chief—who has come to scatter the ashes of his recently deceased mother on the gravesite of a stranger. It soon becomes clear that Julien's inexplicable gesture is intertwined with Violette's own complicated past.

With winter in full force, you may want to read ahead. Here are our next books. March 4, we will discuss *The Girls in the Stilt House* by Kelly Mustain. While we search for spring, April 1 finds us sharing our thoughts on *The Last Grand Duchess* by Bryan Turnbull. As spring blooms, we will read *Crescent* by Diane Abu-Jaber for May 6. Before we break for summer, we focus on *The Beauty of Dusk* by Frank Bruni on June 3. So, mark your calendar, join us for lively conversation and put a little sunshine in your week.

Meg Deem (288-9922) mmdeem0135@gmail.com, Chair

COMMUNICATIONS





Yours in fellowship, fun and community good works,

Kathy Szymanski and Margaret Georgia, Co-Editors BCCWC Communications Team Brown County Community Women's Club, Inc. www.bccwc.org